### The Forest High School

The Forest High School is located in Frenchs Forest, a suburb on Sydney’s northern beaches.

Students from a wide variety of backgrounds choose to study at the Forest High School because of its high standard of education, outstanding Higher School Certificate (HSC) results, sporting achievements, harmonious multicultural school community and reputation for producing fine young men and women.

The Forest High empowers students to build confidence and self-esteem and to achieve personal excellence across the curriculum.

### Special Facilities
- Music rooms
- Dance and drama studio
- Enhanced learning classrooms
- Concert and assembly hall with up-to-date lighting and sound systems
- Netball and basketball facilities

### Local Area Features
The school is located in an attractive, safe, residential area. It is situated 20kms north of the city of Sydney and 8kms from the northern beaches, including famous beaches such as Manly and Collaroy.

Chatswood is a major shopping centre located nearby. The school is also close to public bus and train transport systems.

### Languages
- Chinese
- German
- Japanese

### Sports Offered

**ALL YEAR ROUND**
- Basketball - Fitness training
- Netball - Soccer
- Weight training - Yoga

**SUMMER: TERM 1 + 4 JAN-APR • OCT-DEC**
- Handball - Kayaking
- Paddle boarding - Power walking - Rock climbing

**WINTER: TERM 2 + 3 MAY-SEPT**
- Football - Frisbee
- Handball - Hockey
- Volleyball

### Address
135 Frenchs Forest Road
Frenchs Forest NSW 2086

### Website
www.the-forest-h.schools.nsw.edu.au

### Year Established
1961

### School Population
863

### School Motto
Let us be judged by our actions

### Region Information
Visit this link for more information on the regional area

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**www.deinternational.nsw.edu.au**