Established in 1962, the Michael Oak Waldorf School is a combined, private school situated with its campus situated in the heart of Kenilworth, Cape Town. It is one of 16 Waldorf Schools in South Africa and more than 1000 worldwide.

About the School

The Michael Oak Waldorf School draws on the internationally successful Waldorf curriculum, which is designed to meet learners' emotional, spiritual and intellectual needs. The school's curriculum is adapted to the African context. It covers all requirements of the South African schools' syllabus, but also offers a richer depth of learning.

The High School provides challenges and exposure to business, civic and social responsibilities, many imaginative and creative tasks and unique opportunities for personal growth and the pursuit of academic excellence. Learners acquire all skills necessary for tertiary education.

Michael Oak's goal is to develop the learners' social, artistic, critical and creative abilities as much as the academic. The school strives to educate each learner in a holistic way. Learners are continually encouraged to take their own initiatives in all their activities, to develop their own interest areas and to express the originality of their own discoveries and insights.
Extramural Activities
Within the curriculum, physical activity, music, drama, arts and crafts are promoted. The school also offers an extra-mural and sports activities programme, within the school itself and with external facilitators and facilities. Basketball, Volleyball, Gym and Table Tennis are among the sports offered on the school grounds. Nearby community and school facilities are used for sports that cannot be accommodated on school grounds. Piano lessons are offered as an extramural activity as well.

Subjects
English, Mathematics, History, Geography, Physics, Chemistry, Biology, Second and Third Languages, Arts (History), Technology, Gymnastics

Sports
Table Tennis, Ultimate Frisbee, Basketball, Volleyball, Tennis, Chess, Athletics

Music
Piano lessons